

www.nfhw.org.uk
FREE ENTRANCE
 Everyone welcome

3rd Annual Leyland Health Mela (Fair) 2014

Your Health & Wellbeing in your hands

Saturday 13th Sept 2014
11am to 4pm

Leyland Civic Centre

West Paddock, Leyland PR25 1DH
 Free parking available

Chief guest: Professor John Ashton CBE
 President of UK Faculty of Public Health

- Free health MOT checks
- Free risk assessments and counselling
- Information and advice on health issues
- Lots of fun activities for children
- Smoothie bike and bouncy castle for children
- Falls and fracture prevention
- Head massage and Pilates
- Healthy eating the fun way

➤ *If you're Healthy you can be Happy!*

Entertainment
 by courtesy of
Worden Academy
 Host for 2015 Mela



Working towards healthier living in partnership with:

