Alcohol-induced ill health, Homelessness and A&E AttendanceChallenges for our Community

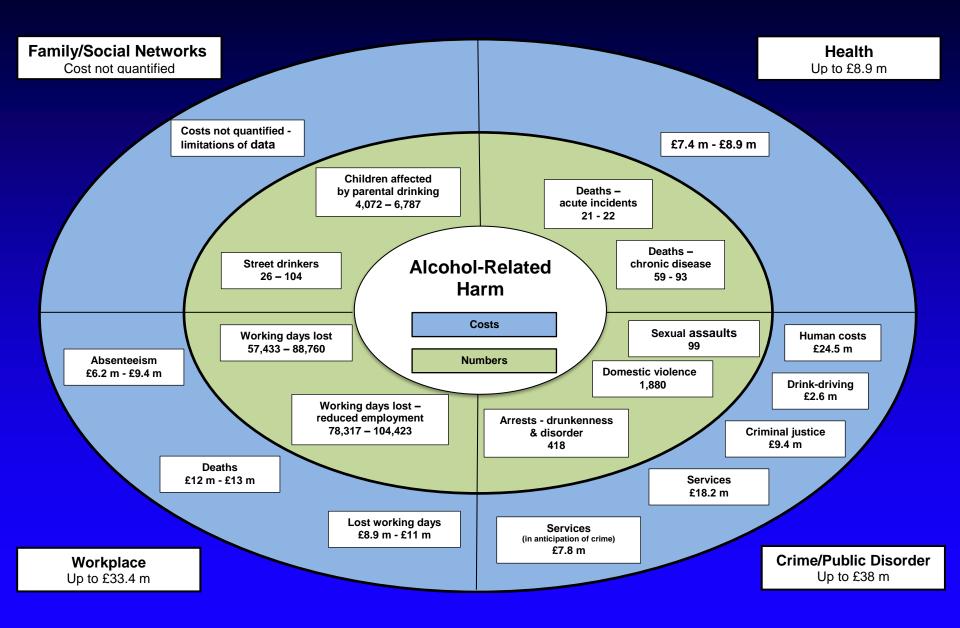
17th Preston Heath Mela April 14th 2018

Kieran Moriarty

Consultant Gastroenterologist, Royal Bolton Hospital

Alcohol Services Lead, British Society of Gastroenterology

Alcohol burden of harm - Bolton





Every year alcohol costs the NHS...

£3.5bn

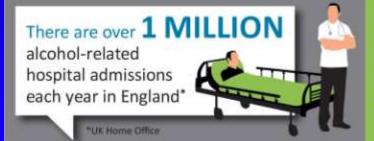
*Public Health England *UK Home Office

In 2016 alcohol cost the UK between... E27-£52

The lancet

Alcohol results in 167,000 years of working life lost each year in England*

*Public Health England



Drink driving causes 240 deaths and more than 8,000 casualties each year

*Office of National Statistics



26,000 **PEOPLE** A YEAR

...die from alcohol-related causes in the UK

*Local Alcohol Profiles for England, National Records of Scotland, Public Health Wales Observatory, Northern Ireland Statistics and Research Agency

Alcohol is linked with over 200 diseases and injuries

Deaths from liver disease have increased over the last 30 years by



AN ESTIMATED 9 PEOPLE DIE EACH DAY FROM ALCOHOL-RELATED CANCER IN ENGLAND*

*Alcohol Health Alliance analysis

people drink above the low-risk guideline of 14 units a week'

*Public Health England

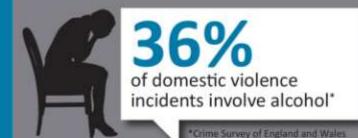






of all violent crime is alcoholrelated*

*Crime Survey of England and Wales



ON AVERAGE, PARAMEDICS SAY THAT

OF THEIR

is spent dealing with alcohol-related incidents

*Institute of Alcohol Studies





believe the government should be doing more to reduce the harm done in society by alcohol*

*Alcohol Health Alliance polling

report sustaining an injury whilst dealing with someone who was drunk*



of people believe the UK has an 'unhealthy relationship with alcohol"



*Alcohol Health Alliance polling



Enough alcohol is sold in England for every drinker to drink the equivalent of...



*Alcohol Health Alliance analysis of MESAS data and Neilsen sales figures



PEOPLE ARE AWARE OF THE LINK BETWEEN ALCOHOL AND CANCER'

*Cancer Research UK

ONLY

...of the public are aware that even low levels of alcohol consumption can be damaging to health'

*Alcohol Health Alliance polling

No alcohol products inform consumers of the link between alcohol and cancer, stroke or heart disease*



of the public support mandatory labelling of all alcohol products*



Alcohol Health Alliance audit of alcohol products

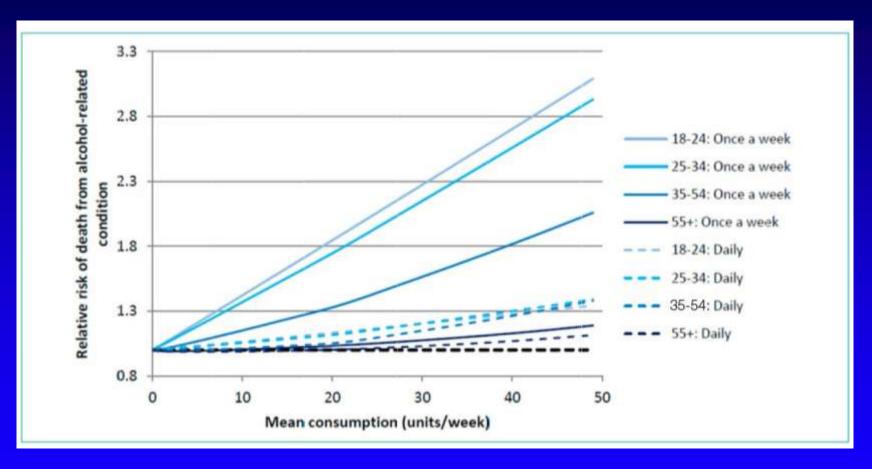
Units of Alcohol



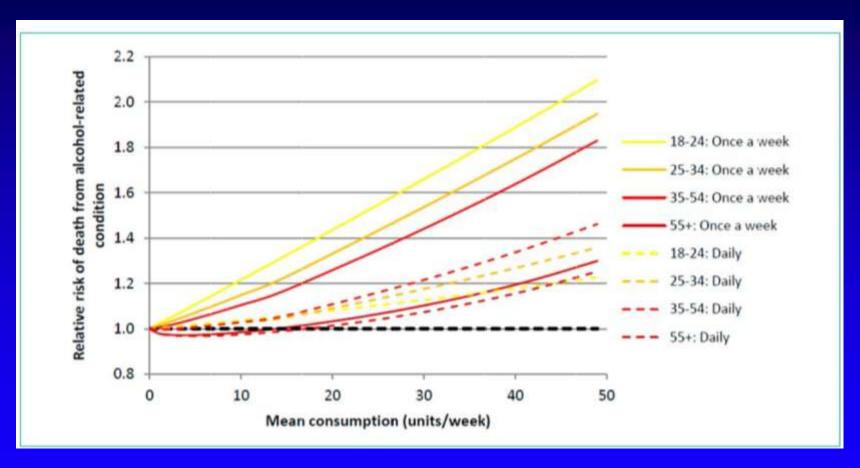
From the Health Authority, London

Each of the above drinks contains one unit of alcohol (one unit equals approximately 8g alcohol

Male relative risk of alcohol-related mortality by mean weekly consumption, number of drinking days and age



Female relative risk of alcohol-related mortality by mean weekly consumption, number of drinking days and age



CARDIOVASCULAR	MUSCULOSKELETAL	REPRODUCTIVE SYSTEM	SUBGICAL AND ANAESTHETIC
Oromany Artery Disease	Osteoporasia	Menerual disorders	Acute Alcohol Withfrareal
herhythanias:	Myrepolicy	Credition diserters	Perioperative problems
Atrial fibrillation	Rhabdomyotysis	Impaired Conception	Cross-toleropics to appendiction
Atrial flatter	id.	Impaired Sperm production	Astronosic dysfenction
Holiday Heart Syndroma	DIABETES, ENDOCRINE, METABOLISM	Less of Mids	Impaired wound, skin, brose healing
Ventrocker	Obesity	Impetitus	Increased Infections
l'orodes de poòrtes	Diobetes mellitus Type 1	Testicular atrophy	Assettoposis link
Sakhou deeth	Diabetes inellitis Type 2	Оувисований	Increased length of easy
Cardioagropathy	Alcohol-rubsted fortoscidents	Lam of body and pubic hair	Incremed metality
Hyportessies	Hypeustosessis		
Congestivy Centus Failure	Hypokatisensia	PREGNANCY COMPLICATIONS	PERSONALITY AND MOOD
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ALCOHOL-RELATED DISEASE

Meeting the challenge of improved quality of care and better use of resources

A Joint Position Paper on behalf of the British Society of Gastroenterology, Alcohol Health Alliance UK and the British Association for Study of the Liver



Alcohol Care Teams:

to reduce acute hospital admissions and improve quality of care

Provided by: The British Society of Gastroenterology and the Royal Bolton

Hospital NHS Foundation Trust

Publication type: Quality and productivity example

MORIARTY K.J. Alcohol Care Teams: to reduce acute hospital admissions and improve quality of care. Published on behalf of the British Society of Gastroenterology. 2011. Quality, Innovation, Productivity and Prevention (QIPP) Publication on NHS Evidence website

(http://www.library.nhs.uk/qipp/ViewResource.aspx?resID=407304&tabID=289&catID=15080).

RECOMMENDATIONS

DGH serving a population of 250,000



Key Recommendation (1)

DGH Requirement

A multidisciplinary "Alcohol Care Team," led by a Consultant, with dedicated sessions, who will also collaborate with Public Health, Primary Care Trusts, patient groups and key stakeholders to develop and implement a district alcohol strategy.

New Way of Working 2009

4 Bolton Gastroenterologists work 2 week blocks solely on the wards

- Daily Ward Rounds and MDT meeting
- See all Acute Gastroenterology Admissions and Ward Referrals

Results

- Mortality 11.2% to 6.0%
- Length of Stay 11.5 to 8.9 days
- 37% Increase in Ward Discharges

Downside

• Loss of 10 Clinic/Endoscopy Sessions in 2 weeks

Conclusion

• This Quality Innovation requires Consultant Gastroenterology/Hepatology Expansion

Key Recommendation (2)

DGH Requirement

Coordinated policies on detection and management of alcohol-use disorders in Accident and Emergency departments and Acute Medical Units, with access to Brief Interventions and appropriate services within 24 hours of diagnosis.

SHORT AUDIT - C

Ougstions		Your				
Questions	0	1	2	3	4	score
How often do you have a drink containing alcohol?	Never	Monthly or less	2 - 4 times per month	2 - 3 times per week	4+ times per week	
How many units of alcohol do you drink on a typical day when you are drinking?	1 -2	3 - 4	5 - 6	7 - 9	10+	
How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	

SCORE
AUDIT-C positive = 5+



	Note Top Ten: fall, collapse etc
PADDINGTON ALCOHOL TEST 2009 'make the connection' A. PAT for TOP 10 presentations - circle as necessary. A. PAT for TOP 10 presentations - circle as necessary. B. Clinical Siens of alcohol use 1. FALL (incl. trip) 2. COLLAPSE (incl. film) 3. HEAD INJURY 4. ASSAULT 5. ACCIDENT 6. UNWELL 7. GASTRO - INTESTINAL 8. CARDIAC (i. Chest point) 9. PSYCHIATRIC (incl. DSH & OD) plane mate 10. REPEAT ATTENDER Other (please state) [BAC] =	4 Introduces relationship between drinking and A&E attendance BRIEF ADVICE. - often all that is needed
1 Do you drink alcohol? 2 What is the most you will drink in any one day? Use the following guide to estimate total daily units. (Standard pub units in brackets; home measures often three times the amount!) Beer /lager/cider	5 Offering appointment for Brief Intervention - especially with dependent drinkers
4 Do you feel your attendance at A&E is related to times per week Advise against daily drinking. Tess than "Can we advise that your drinking in the control of the contr	
# Do yd. ## PAT +ve give feedback e.g. "Can we advise that your drinking is harming your health". ## is recommended that yd ## We would like to willing to see our ## "YES" to Q5 give ANS. ## We would like to offer you further willing to see our alcohol nurse specific to the property of the propert	advice. Would you be YES
Other appointment times available, prease speak to ANS or ask patient to contact (prone number on app. card). Give alcohol advice leaflet ("Units and You") to all PAT+ve patients, especially if they decline ANS appointment. Please note here if patient admitted to ward Referrer's Signature Name Stamp Date: PTO THANK YOU ANS OUTCOME:	"The Teachable Moment"

PAY OFF

For every 2 patients referred to the Alcohol Nurse Specialist

(i.e. appointment accepted)

There will be one less re-attendance within the next 12 months.

Screening and referral for Brief Intervention

Lancet 2004;364:1334-9

Key Recommendation (3)

DGH Requirement

A 7-Day Alcohol Specialist Nurse Service and Alcohol Link Workers' Network, consisting of a lead healthcare professional in every clinical area.

Key Recommendation (4)

DGH Requirement

Liaison and Addiction Psychiatrists, specialising in alcohol, with specific responsibility for screening for depression and other psychiatric disorders, to provide an integrated acute hospital service, via membership of the "Alcohol Care Team."

Rapid Assessment Interface Discharge (RAID)



Key Recommendation (5)

DGH Requirement

Assertive Outreach Alcohol Service, including an emergency physician, acute physician, psychiatric crisis team member, alcohol specialist nurse, Drug and Alcohol Action Team member, hospital/community manager and Primary Care Trust Alcohol Commissioner, with links to local authority, social services and third sector agencies and charities.

Salford Alcohol Assertive Outreach Team

- 54 Patients Case Managed in Community for 6 months
- In 3 months following Intervention
 - 67% reduction in Hospital Admissions
 - 59% reduction in A&E Attendances

Hughes et al. Frontline Gastroenterology 2013;4:130-134

Key Recommendation (7)

DGH Requirement

Integrated Alcohol Treatment Pathways between primary and secondary care, with progressive movement towards management in primary care.

Practice										Section 5							
Control Cont		ALCOHOL								ALCOHOL RELATED ADMISSIONS (18+ list size)							
Set 1,551 1,143 73.79 4 0.356 75.05 1,000 7.79 73.8% 11 1.15	Practice			% of Target	AVG Audit C - % of Target		C - score		Audit 10	10 of Audit C	score 8 -		score ≥	month: : 16 / 1	PER	12 months to Dec 17 / 1,000	% PEER AVG
Seldon Bertal Practice 3,961 2,025 73,5% 67 2,3% 67 2,00% 50 8 12 3,38 1,83	The Olive Family Practice 3D Medical Al-Fal Medical Deane Medical	2,648 1,052 2,963 2,642	2,233 1,030 2,362 1,530	84.3% 97.9% 79.7% 57.9%	73.8%	75 11 40 113	3.4% 1.1% 1.7% 7.4%	3.0%	16 6 30 23	21.3% 54.5% 75.0% 20.4%	9 2 7 7	3 0 1 2	1 1 3	N/A N/A 0.35 2.34	1.20	N/A N/A N/A 0.00 1.52	0.97
Coursel & Partner 0.138 3.382 54.8% 661 19.7% 90 10.9% 5 5 5 2 1 2.43 3.03 4.22	Bolton General Practice Uddin & Partners Bolton Medical Centre Jeyam & Jesudas Loomba & Partner Hendy & Rizwan Great Lever One Beehive Surgery Dakshina-Murthi Karim & James-Authe	3,981 3,276 4,144 2,701 3,099 3,283 1,658 2,092 1,622 3,204	2,925 2,076 3,594 1,730 960 1,980 1,296 1,573 1,121 2,262	73.5% 63.4% 86.7% 64.1% 31.0% 60.3% 78.2% 75.2% 69.1%	68.8%	87 419 313 417 167 372 268 124 32 300	2.3% 20.2% 8.7% 24.1% 17.4% 18.8% 20.7% 7.9% 2.9% 13.3%	12.4%	67 116 219 45 104 74 37 108 10 83	100.0% 27.7% 70.0% 10.8% 62.3% 19.9% 13.8% 87.1% 31.3% 27.7%	36 58 85 22 47 31 19 48 5	8 6 5 1 6 5 0 2	12 5 8 7 12 4 2 8	3.86 1.34 5.58 1.89 2.62 1.30 2.50 2.06 1.26	2.25	1.83 N/A 3.54 3.82 1.00 1.59 0.62 1.50 1.29 0.65	1.65
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A	Lyon & Partners Alastair Ross Medical Fig Tree Medical Barua Dalefield Surgery The Dunstan Partnership	5,193 5,303 3,906 2,556 5,202 8,237	2,442 2,908 2,518 1,658 4,057 5,836	47.0% 54.8% 64.5% 64.9% 78.0% 70.9%	61.9%	735 342 641 596 1,120 1,007	30.1% 11.8% 25.5% 35.9% 27.6% 17.3%	21.1%	161 84 233 459 294 516	21.9% 24.6% 36.3% 77.0% 26.3% 51.2%	68 35 122 364 131 189	3 5 9 10 19	10 9 6 6 16	4.03 1.77 2.86 1.17 2.00 1.37	2.29	3.16 2.34 4.46 1.96 2.18 3.00	2.82
Heaton Medical 8,450 5,685 67.3% Fike View Medical 8,529 2,686 40.8% 688 25.7% 2,199 30.7% 57.4% 58.2% 5	Crompton View Surgery Cornerstone Surgery Kearsley Medical Kirby & Partners Jain & Subramanian Spring House Surgery	4,180 3,244 10,809 5,251 2,432 5,925	2,320 1,696 4,752 3,054 1,347 2,854	55.5% 52.3% 44.0% 58.2% 55.4% 48.2%	55.6%	484 646 1,150 569 299 662	20.9% 38.1% 24.2% 18.6% 22.2% 23.2%	27.8%	166 384 356 155 88 392	34.3% 59.4% 31.0% 27.2% 29.4% 59.2%	64 217 177 58 54 219	5 13 11 7 1 8	5 16 10 1 1 1	2.78 3.17 2.41 1.44 2.54 2.20	2.20	3.21 3.50 3.05 1.38 2.98 1.04	2.38
Liversedge & Partners 5,149 3,717 72.2% 1,257 33.8% 471 37.5% 164 9 3 0.41 0.41	Heaton Medical Pike View Medical Kildonan House Stable Fold Surgery Unsworth Group Practice Mandalay Medical Edgworth Medical	8,450 6,529 12,493 6,144 16,675 8,227	5,685 2,666 7,171 3,039 11,369 3,464	67.3% 40.8% 57.4% 49.5% 68.2% 42.1%	58.2%	1,117 686 2,199 760 3,363 1,233	19.6% 25.7% 30.7% 25.0% 29.6% 35.6%	28.6%	553 429 497 657 116 819	49.5% 62.5% 22.6% 88.4% 3.4% 68.4%	119 134 218 247 52 327	11 5 13 10 10 26	13 8 22 10 7	1.36 0.97 2.44 0.82 1.60 1.02	1.13	0.86 2.68 1.90 0.87 1.91 0.63	1.18

Key Recommendation (8)

DGH Requirement

Adequate provision of Consultants in gastroenterology and hepatology to deliver specialist care to patients with alcohol-related liver disease.



Measuring the Units

A review of patients who died with alcohol-related liver disease



Summary

- Clear opportunities to improve care:
 - Organisation of services
 - Alcohol care teams
 - 7 day alcohol specialist nurse service
 - Assessment of patients
 - Screening hospital patients for alcohol misuse and referral for support
 - Specialist review
 - Within 24 hours for admissions with decompensated ARLD
 - Escalation of care
 - Actively pursued for acute deterioration

The Lancet Commissions



















Addressing liver disease in the UK: a blueprint for attaining excellence in health care and reducing premature mortality from lifestyle issues of excess consumption of alcohol, obesity, and viral hepatitis

Roger Williams, Richard Aspinall, Mark Bellis, Ginette Camps-Walsh, Matthew Cramp, Anil Dhawan, James Ferguson, Dan Forton, Graham Foster, Sir Ian Gilmore, Matthew Hickman, Mark Hudson, Deirdre Kelly, Andrew Langford, Martin Lombard, Louise Longworth, Natasha Martin, Kieran Moriarty, Philip Newsome, John D'Grady, Rachel Pryke, Harry Rutter, Stephen Ryder, Nick Sheron, Tom Smith

Hospital Alcohol Care Teams

Every acute hospital should establish:

- •A consultant-led, multidisciplinary, patient-centred Alcohol Care Team, integrated across primary and secondary care
- •A 7- day alcohol specialist nurse service
- •Co-ordinated policies for the Emergency Department and Acute Medical Units
- •A Rapid Assessment, Interface and Discharge (RAID) Liaison Psychiatry Service
- •An Alcohol assertive outreach team (for frequent attenders)
- •Formal links with local authority, CCGs, public health and other stakeholders



Alcohol Care Teams - Impact

Alcohol Care Teams Consultant Lead

- 2009 10% of Trusts
- 2013 23% of Trusts (NCEPOD)
- 2014 66% of Trusts (PHE)
 - 45% Gastroenterologist/Hepatologist
 - 18% Psychiatrist
 - 11% Emergency Medicine
 - c. 25% Alcohol Specialist Nurse

Alcohol Specialist Nurses

- 2009 42% of Trusts
- 2013 79% of Trusts (NCEPOD)
- 2014 96% of Larger Trusts (PHE)
- 2016 83% of all 207 UK Trusts (Lancet 2016)

Alcohol Care Team Partnership Working

Hospital - Based	Community Services	
Patients and Families	Bolton Drug and Alcohol	• Ac

- Patients and Families
- Trust Board
- All Consultants
- A&E & Acute Medical Wards
- Dietician
- Link Worker
- **Nutrition Nurse**
- Occupational Therapy
- Physiotherapy
- **RAID**
- Safeguarding Team
- Social Worker

- Service
- Chapman Barker Detox Unit
- Charitable Organisations
- Child and Family Services
- Homeless Welfare
- High Impact Team
- Mental Health Teams
- **Police**
- **Primary Care**
- Probation
- Public Health
- **Social Services**

Partnerships

- Academy of Royal Colleges
- Alcohol Concern
- Alcohol Health Alliance
- BASL
- **Bolton Evening News**
- **British Liver Trust**
- BMJ and Lancet
- **BSG**
- **Clinical Commissioning Group**
- D.H.
- Home Office
- **NICE**
- N.W. Regional Health Authority
- **RCP**

Excluded from Society

- 50% of the rough sleeper population are alcohol reliant (Rough Sleepers Unit 1999)
- Over half of male prisoners (58% of remand and 63% of sentenced prisoners) and over one third of female prisoners (36% remand and 39% sentenced prisoners) engaged in hazardous drinking in the year prior to going to prison (ONS 1999)



Cheap white cider: TIME FOR ACTION

PROTECT THE VULNERABLE. RAISE ALCOHOL DUTY ON STRONG WHITE CIDER.



patients in alcohol treatment drink white cider*

"Almost all high strength cider sold in Scotland IS CONSUMED BY DEPENDENT AND HARMFUL DRINKERS"

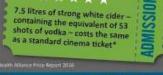


white cider drinkers choose it because it's cheap*





'Our figures indicate super-strength drinks are doing more damage than both heroin and crack cocaine"







Leading white cider brand Frosty Jack's is a favourite with children in specialist alcohol treatment services*





attracts the lowest duty per unit of any alcohol product

Between 2012-2017 alcohol duty cuts will cost the taxpayer...



Raising duty on strong white cider would leave 80% of cider sales unaffected*



of people would support increasing tax on strong white cider*

Alcohol harm costs UK society £27-£52 billion

UK income from alcohol duty - £11 billion (HMRC Alcohol Bulletin)

50% 45% 40% 35% 30% 25% 20%

